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Thank you for volunteering to make a meal for our guest families.

GUIDELINES

You will be preparing the meal at the Buffalo Ronald McDonald House. We welcome one volunteer group per day, 3-5 volunteers per group.

Meal prep/cooking is done between 3 p.m. and 6 p.m. daily.

Please bring all ingredients for the meal with you.

- Plan your meal. For meal ideas, check our [Pinterest page](https://pinterest.com/rmhcnny) (pinterest.com/rmhcnny).
- Prior to your meal prep date, we will let you know how many servings you need to prepare.
- All ingredients must be purchased to prepare the meal and come directly from a store.
- RMHC of WNY can provide some small staples such as oil and limited seasonings.
- Contact the Buffalo Ronald McDonald House if you want to know which items we have available.

Here's what your group can expect during the Meal Makers Experience

- Our kitchen is fully equipped with modern appliances – If your meal requires a specific piece of equipment, please let us know.
- We will provide volunteer aprons to protect your clothing during meal prep.
- Prep surfaces will be cleaned and disinfected before you arrive. Please clean and disinfect prep surfaces after preparing the meal.
- When handling food, please wear food service gloves which are provided by RMHC of WNY.
- For each guest, meals are prepared and individually packaged in glass containers provided by RMHC of WNY.



Our staff would like to photograph your group before and during the meal preparation. Plus, we encourage you to take photos as part of your meal prep experience, and share them on your social media. Tag us, @rmhcnny #MealMakers



**Ronald McDonald
House Charities®**
of Western New York

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Find us on social media

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